

MY YOUNG WOMEN CLASS PRESIDENCY TRAINING WORK BOOK

NAME: _____

CALLING: _____ DATES OF SERVICE: _____ TO _____

WARD: _____



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Responsibilities of Class Presidencies

“Class presidencies care for each class member (see "Young Women, section 4 of the *Church Handbook of Instructions, Book 2: Priesthood and Auxiliary Leaders* [1998], 218).



Class presidency members plan ways to be a friend to:

- All young women in the class.
- New members.
- Less-active members.
- Young women with special needs.

Class presidency members help plan and conduct Sunday Young Women meetings, Mutual, and other activities, assigning class members responsibilities.

EVERY YOUNG WOMAN NEEDS THREE THINGS:

1. Friendship. Genuine friendship helps each young woman feel loved and welcome.
2. A responsibility. Church callings and assignments help young women grow spiritually and strengthen their commitment to the Lord and His Church.
3. "Nourish[ing] by the good word of God" (Moroni 6:4). Personal study of the scriptures, as well as teaching in family and Church settings, helps young women increase their understanding and strengthen their testimonies of the gospel.

(See "Gospel Teaching and Leadership," section 16 of the *Church Handbook of Instructions, Book 2: Priesthood and Auxiliary Leaders* [1998], 307–8.)”

Implement It!

Here are just a few ideas to get you started!

Use the chart below to coordinate your efforts!

- ⇒ Give your class members a call when they are absent on Sunday or Mutual!
- ⇒ Do something as a class presidency to celebrate each girls birthday’s in your class!
- ⇒ Plan monthly shepherding visits to less active girls!
- ⇒ Once a month spotlight a young woman in your class & give her a special treat/gift!

	LIST BELOW SOME IDEAS OF HOW YOUR PRESIDENCY WILL FULFILL FRIEND SHIPPING RESPONSIBILITY	DUE DATE	RESPONSIBLE PEOPLE/PERSON
ALL YOUNG WOMEN IN YOUR CLASS:			
YW TRANSITIONING FROM B’H			
NEW MEMBERS			
LESS ACTIVE			
YW/WITH SPECIAL NEEDS			

Care For Each Class Member

Class officers care for each class member. They help her feel needed and loved. They pray for her, spend time with her, and become genuine friends. . . . Class officers have a special responsibility to friendship new class members, less-active members, and members who have disabilities or other special needs” (*Church Handbook of Instructions, Book 2, 218–19*).



“Efforts to minister . . . should be guided by an understanding that each member needs three things:

1. *Friendship.* Genuine friendship helps members feel loved and welcome.
2. *Church responsibilities.* Fulfilling the responsibilities of Church callings and assignments helps members grow spiritually and strengthen their commitment to the Lord and His Church.
3. *‘Nourish[ing] by the good word of God’ (Moroni 6:4).* Personal study of the scriptures, as well as teaching in family and Church settings, helps members increase their understanding and strengthen their testimonies of the gospel” (*Church Handbook of Instructions, Book 2, 308*).

Additional Helps

- Doctrine and Covenants 18:10–13; 18:15–16; 84:106
- “Sugar Beets and the Worth of a Soul” (video)
- “The Fernando Araujo Story” (video), (see also Mervyn B. Arnold, “Strengthen Thy Brethren,” *Ensign*, May 2004, 46–48)
- “Class Presidency Meeting” (video)

✔ Implement It!

- Ask the secretary to write down the names of any less-active members. As a group, try to determine why they don’t participate with the class. If needed, ask your YW Presidency or Advisor to help you answer this question. Use the chart below to formulate your plan of action.
- Class leaders should decide on two specific things that might be done for each less-active member to show they really care about her.

LESS ACTIVE GIRL’S NAME	POSSIBLE REASON’S WHY SHE DOESN’T ATTEND MORE OFTEN	TWO THINGS WE WILL DO TO SHOW LOVE FOR HER	DUE DATE	RESPONSIBLE PEOPLE/PERSON
		1.		
		2.		
		1.		
		2.		
		1.		
		2.		
		1.		
		2.		

“During His mortal ministry, the Savior admonished His disciples to exercise faith (see Matthew 17:14–21; Luke 8:22–25). Leaders in the Church must have faith that Jesus Christ is our Savior and Redeemer. They develop this faith through prayer, scripture study, obedience, and repentance. As we nourish the seed of faith, it will grow within us and bear fruit that is most precious and sweet (see Alma 32:42)” (*Priesthood and Auxiliary Leaders’ Guidebook*, 17–18).



“Faith is much more than passive belief. You express your faith through action—by the way you live. . . . Your faith can lead you to do good works, obey the commandments, and repent of your sins (see James 2:18; 1 Nephi 3:7; Alma 34:17). Your faith can help you overcome temptation. Alma counseled his son Helaman, ‘Teach them to withstand every temptation of the devil, with their faith on the Lord Jesus Christ’ (Alma 37:33)” (*True to the Faith: A Gospel Reference* [2004], 54–55).

Additional Helps

- Alma 7:11–12; Doctrine and Covenants 122:8

Implement It!

PERSONAL PROGRESS:

IF NOT COMPLETED, complete Faith Value Experiences 1 and 3 (p.13)

Read the scripture or Gospel Study guide listed below– list key ideas– as you ponder this idea, list personal thoughts/prompting on ways you can develop greater faith. Contemplate how you can use this great faith to bless the lives of those whom you serve.

SCRIPTURE OR STUDY G.	KEY IDEA	PERSONAL THOUGHTS/PROMPTINGS TO HELP ME BECOME A BETTER LEADER
Matthew 17:14–21		
Luke 8:22–25		
Alma 32:42		
For the Strength of Youth p.40-42		
True to The Faith p.54–56		

Leaders should love the people for whom the Lord has given them responsibility. As leaders love the people, they will want to serve them, teach them, and help them work for their salvation.

“In the world, people seldom think of leaders as servants. But the Savior taught by His words and example that leaders should serve the people they lead. He told the Twelve, ‘Whosoever will be chief among you, let him be your servant’ (Matthew 20:27). When we serve others, we are serving the Lord (see Matthew 25:31–40; Mosiah 2:17)” (*Priesthood and Auxiliary Leaders’ Guidebook*, 18).



Additional Helps

- John 13:34–35; Doctrine and Covenants 18:10; 88:123
- *Church Handbook of Instructions, Book 2*, 218–19, “Responsibilities of Class Officers”
- *True to the Faith*, 96–97

<input checked="" type="checkbox"/> PERSONAL PROGRESS: IF NOT COMPLETED, Complete personal progress p. 48–49, Good Works Value Experiences 1 and 5	<input checked="" type="checkbox"/> Implement It!	<p><i>Some Ideas To Get Started!</i></p> <p>Invite all the girls in your class to sit together in opening exercises!</p> <p>Before mutual starts, do a chant or cheer-Ex: Huddle with hands in...1,2,3 Mia Maids! Yea!</p>
<p><i>Fill in the areas below with great ideas! Review them often!</i></p>		

Implement It!

As a presidency, read over and discuss “Responsibilities of Class Presidencies”. Discuss ideas found in John 13:34-35, D&C 18:10; 88:123 and True to the Faith, 96-97. Now, get busy brainstorming ways your presidency can show an increase of love to the girls in your class in the following classes. Specifically, what will your presidency do to help each young woman glad she came to class today!

YW OPENING EXERCISES

INDIVIDUAL CLASS

MUTUAL

Obedience

“Jesus Christ set the perfect example of obedience and submission to Heavenly Father’s will (see Matthew 26:39; John 5:30). Leaders need to obey the Lord’s commandments so they can set an example for others and be worthy to receive guidance from the Holy Ghost. Obedience shows love for the Lord (see John 14:15).



“The Lord’s commandments are revealed in the scriptures, through Church leaders, and through the promptings of the Holy Spirit. As leaders obey these commandments, the Lord will help them fulfill their callings” (*Priesthood and Auxiliary Leaders’ Guidebook*, 18).

PERSONAL PROGRESS: <input type="checkbox"/> IF NOT COMPLETED... complete Value Experience #2 from Choice and Accountability	<input checked="" type="checkbox"/> Implement It!	<i>Here’s an idea!</i> Great leaders have a desire to uplift others. Nothing is more uplifting than a pure testimony! Bear your testimony as often as possible!
	<i>Use the chart below to help coordinate your efforts!</i>	

Read the scripture or Gospel Study guide– list key ideas from the scripture on the left side and on the right side list personal thoughts/prompting on ways you can develop greater obedience.

SCRIPTURE/ STUDY GUIDE	KEY IDEA	PERSONAL THOUGHTS/PROMPTINGS TO HELP ME BECOME A BETTER LEADER
For the Strength of Youth p.4-5		
True to the Faith 108-9		
D&C 121:45-46		
D&C 130: 20-21		
Add another scripture here:		

Unity

In His great intercessory prayer, the Savior prayed that those who believe in Him might be one, even as He and His Father are one (see [John 17:20–23](#)). Unity is essential for success in every organization of the Church. Priesthood and auxiliary presidents should not work independently of their counselors. Presidencies can accomplish much more when they are unified and counsel together” (*Priesthood and Auxiliary Leaders’ Guidebook*, 18).



A presidency will be more united if they understand and agree upon their responsibilities. Review the responsibilities as outlined in the *Church Handbook of Instructions, Book 2*, pages 218 and 219, “Responsibilities of Class Officers.”

Implement It!

PERSONAL PROGRESS: Complete Value Experience from Divine Nature p.23

QUESTIONS TO CONSIDER:

- How can differences of opinion be helpful?

- How will you, as a presidency, resolve differences?

- After the president has reached a decision, what is the responsibility of each member of the presidency?

- Read the scripture or Gospel Study guide– list key ideas and then record your personal thoughts/ prompting on ways you can develop greater unity with your Heavenly Father, your presidency, and your family.

SCRIPTURE/ STUDY GUIDE	KEY IDEA	MY PERSONAL THOUGHTS & PROMPTINGS TO HELP ME BECOME A BETTER LEADER
True to the Faith, 182–83		
For the Strength of Youth, 10–11		
Ephesians 4:3–6, 11–13;		
Mosiah 18:21		

Sacrifice

To sacrifice is to give up something we value for the sake of something of greater worth. As Latter-day Saints, we have the opportunity to sacrifice worldly things for the Lord and His kingdom. Members of The Church of Jesus Christ of Latter-day Saints should be willing to make any sacrifice required by the Lord. If we were not required to make sacrifices, we would never be able to develop the faith necessary for eternal salvation” (*True to the Faith*, 149).



“Leaders may be called on to sacrifice their possessions, or they may be asked to sacrifice their time, talents, and personal pursuits to further the Lord’s work. As leaders sacrifice for the Lord and His kingdom, He promises to bless them in all things (see Matthew 19:29; D&C 97:8–9)” (*Priesthood and Auxiliary Leaders’ Guidebook*, 19).

✔ Implement It!

PERSONAL PROGRESS:

- IF NOT COMPLETED**, complete Personal Progress 20, 48, Divine Nature Value Experience 3 and Good Works Value Experiences 1 and 2
- Begin a presidency meeting by singing “Because I Have Been Given Much,” *Hymns*, no. 219 and/or “Praise to the Man,” *Hymns*, no. 27 (verse 4)

Read the scripture or Gospel Study guide– list key ideas and then record your personal thoughts/ prompting on ways you can use the counsel given to help you become a more efficient leader.

SCRIPTURE/ STUDY GUIDE	KEY IDEA	PERSONAL THOUGHTS/PROMPTINGS TO HELP ME BECOME A BETTER LEADER
Matthew 19:29		
D&C 59:8		
Read “For the Strength of Youth” p. 38		
<i>True to the Faith</i> , 149–50		